

SWEET HERB MEDICINALS

2012 9-MONTH HERBAL STUDIES PROGRAM

with Bridget Owen

March 17, 18: Greeting each other and the plants, History of Herbal Medicine
Materia Medica & Herbal Therapeutics for the Nervous System

April 21, 22: Percolation method of tincturing
Materia Medica and Herbal Therapeutics for the Liver and Digestive Systems

May 19, 20: Using herbs with children, Basics of plant taxonomy and Hike through Henry
Cowell Park, North entrance - meet at 9:00 am

June 16, 17: Materia Medica and Herbal Therapeutics for the Urinary System
Overnight trip to Esalan to visit the Farm, Garden & Healing Hot Springs
We'll leave Saturday at 8:00 am and return Sunday around 5pm.

July 20, 21, 22: Field trip to Bonnie Doon lavender fields & garden - meet at 9:00am
Exploring the Flower Essence system of healing

August 18, 19: Elizabeth Van Buren of E. Van Buren essential oils - Aromatherapy
Herbs for the Reproductive System

September 15, 16: Materia Medica and Herbal Therapeutics for the Respiratory System
Materia Medica and Herbal Therapeutics for the Skin, Muscles and Bones

October 20, 21: Field trip to Planetary Herbology &
Herbal Therapeutics for Natural Immunity

November 17, 18: Medicine Show, Project Presentation, Graduation celebration
Overnight : 10am Saturday to 5pm Sunday

* This class is not held on the 3rd weekend of the month.

Location: The Red Tent - 15945 Los Gatos Blvd, Suite C, Los Gatos. Class meets (unless otherwise noted) from 10 AM to 4 PM. Please arrive at 9:45. Our schedule will naturally evolve as we do, so be prepared for some changes in content.

Tuition: \$1,395.00 includes all instruction, samples of products made, and Rosemary Gladstar's home study course "The Science and Art of Herbalism", and membership to United Plant Savers.

Bridget Owen: bridgeteowen@gmail.com, www.sweetherbmedicinals.com, cell: 408-529-7949

Assistant: TBA

MORE DETAILS: Most every class includes field identification of wild and cultivated herbs, harvesting and medicine making, herb gardening tips, and wild food harvest and ingestion.

* * * * * subject to change * * * * *